



Northern California Council of Activity Coordinators- NCCAC
 37th Annual Mid-Year Symposium 2016
 Educational Event

When: Friday, May 13, 2016 from 8:00 a.m. to 4:00 p.m.
 Where: Vienna Nursing and Rehabilitation Center
 800 South Ham Lane Lodi, CA 95242
 "Making Connections: Spiritually and Professionally"

Program Schedule

Registration
Morning Refreshments

8:00 to 8:45 a.m.

Welcome

8:45 a.m. to 9:00 a.m.

Educational Session

9:00 a.m. – 10:00 p.m.

Educational Sessions
two options

10:15 p.m. – 11:45 p.m.

Luncheon, Raffle, Vendors

12:00 p.m. – 1:00p.m.

Educational Session

1:15p.m. – 3:15 p.m.

Closing Remarks

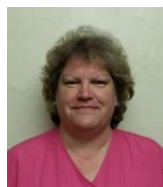
3:30 p.m. to 3:45 p.m.



Karen Wright growing up, Karen visited the nursing homes where her mother worked as an activity director, engaging with the residents and sitting riveted by their stories. That affection for seniors never diminished. She graduated with a Bachelor of Science in consumer and family sciences from Pacific Union College. She has been a high school teacher, career counselor and health educator. She's always believed a person is never too young or too old to enjoy life. Those who attend her engaging conference presentations are likely to learn a lot about valuing people, building relationships and working together to find solutions.



Roxan Vincent, RN, BSN has over 10 years of experience as a director of nurses in a SNF. She received her Bachelor of Science degree in nursing in 1994. She has a passion for long-term care and loves working with our geriatric residents. She has been a presenter for the California Association of Health Care Facilities. She is also a peer coach for Quality Improvement and Quality Indicators for other CAHF buildings.



Mary Scott, LVN QA Nurse has been in the nursing field for over 37 years. Some of her experience includes 18 years in ICU, 8 years in Sub-Acute, and is a Certified Infection Preventionist. She has also worked as a Director of Staff Development in a SNF for 10 years. She is currently employed as a Quality Assurance Nurse. On her personal time she holds the position of Deacon and outreach co-chair at her place of faith The Mayfair Christian Church.



Laura Wayman is an accomplished keynote speaker, author, trainer, and a dedicated Gerontologist. (A.A. Degree in Gerontology, Social Services Designee Certification) She has presented keynote speeches, workshops, in-services, classes, trainings and seminars up and down the west coast on the significant subject of Dementia Care. She is confident with every opportunity that she is "living her vision" of changing the caregiving focus, one person, one family, one organization at a time.

Ms. Wayman grabs her audiences' full attention in the first few minutes, and holds it throughout, with interesting stories, humor and relevant details that support and reinforce the message being delivered. Her material will provide the opportunity for audience members to feel a full range of emotion, from tears to laughter, and comfortably relate to sometimes serious and disturbing information, leaving with a new sense of confidence, purpose and direction.

Closing Key Note
Speaker

Laura Wayman
 sponsored by



COUNTRY HOME CARE™

SESSIONS AND OTHER INFORMATION – REGISTER BEGINNING AT 8:00 A.M.

Registration and Morning Refreshments – 8:00 a.m. to 8:45 a.m.

Check in with Membership and Financial officers.

Interpersonal Relationships: Connecting with Families - Karen Wright BS

9:00 a.m. to 10:00 p.m. 1.0 CEU

Part of what makes caregiving/activity planning easier is getting to know your residents. The best way to do that is to make connections with the ones that know and love them the most, their families. This course will explore the relationships we build with families to better care for our clients. We will view how specialty programs work best when we have accurate information regarding how important somethings are to our clients.

Team Approach to Quality Indicators and Quality Assurance: Guide to using QI Report- Roxan Vincent RN, BSN, DON 10:15 a.m. to 11:45 a.m. 1.5 CEU option # 1 (SNF)

The Quality Assurance team in each facility includes the Activity professional. How many of us truly understand why these meetings are held and what the purpose is? State Regulation F-520 states – Facilities are required to have a committee and process in place to identify quality deficiencies, develop and implement plans to correct these deficiencies, monitor the effects of the changes, and make needed revisions to the plan in order to assure ongoing compliance. All of us want to be survey ready and in compliance. If only we knew what they were looking for? This course will break down how to utilize your QI report and know exactly who your sample residents will be. This tool can be used to identify areas that may need improvement in your department as well as meet compliance always, not just during survey.

Spirituality of Aging- Mary Scott LVN, QA Nurse

10:15 a.m. to 11:45 p.m. 1.5 CEU option # 2 (All Levels)

With advancing age, what happens that may lead to a rethinking, a re-evaluation of one's life and what has guided a person religiously or spiritually? Very simply, the aging process - the experience of moving into and through different developmental phases - affects the spirit and therefore one's spiritual life. No matter what we call it, we are having a religious or spiritual experience all of the time. What one person may call a strictly secular experience others may see as the day-to-day presence of the holy or the mystery of life. No matter what we call it, if an event or experience moves us to a feeling of awe or opens us to seeing a glimmer of goodness that encourages our faith, we are attuned to a quality of being and living that will help us cope with whatever may come. This course will explore the difference between religion and spirituality, prayer and scripture, death and dying, life review, personal growth, and Wisdom in Aging.

Luncheon, Raffle & Vendor Faire

12:00 p.m. to 1:00p.m.

Join in on the fun! Anyone willing to donate a basket to the ways & means committee would be greatly appreciated. You could bring items that would enhance any facility environment or something you might want to keep for yourself. All monies made at the raffle go towards our educational events.

A Loving Approach to Dementia Care – Laura Wayman, “The Dementia Whisperer”

1:15 p.m. to 3:15 p.m. 2.0 CEU

Caring for a person who has dementia is a labor of devotion and patience. Sadly, many caregivers selflessly sacrifice their own well-being during the process. In addition, many caregivers, whether they are lay caregivers looking after a loved one at home or professionals working in a clinical setting, do not have the knowledge or training they need to meet the challenges of dementia. Laura's vision as The Dementia Whisperer is to share as much knowledge and insight with you as possible, both from her own experiences and from those of other professional and family caregivers. She has dedicated her career and her heart to providing support, education, inspiration and motivation to the 5.4 million caregivers caring for a loved one or client with any form of dementia.

This presentation will give the Dementia Care Provider the ability to adjust their presentation and approach to the place the dementia challenged may exist. Doing so in a relaxed, confident and calm manner, will assist the emotional understanding and foundation; needed in solving the behavioral challenges that can come up on a daily basis when dealing with the different stages of dementia.

Closing Remarks

3:30 p.m. to 3:45 p.m.

REGISTRATION FORM – Event Date 5/13/16 Suggested deadline May 6, 2016

Please complete a Registration Form for each attendee from a facility. Indicate the number of attendees in Left Box for each of the categories listed. Member rate for those in “Good Standing”		Early registration Postmarked 5/6/16	At The Door registration postmarked After 5/6/16
	Member # _____ Registration Fee	\$80	\$90
	Registration Fee and Membership dues	\$130	\$140
	Non Member Registration fee	\$140	\$150
Total enclosed		\$	

All registrants are responsible for knowing the Registration, Refund, and Substitute Attendee Policies. Please read them and be informed.

**Fill out form(s) and mail with fees payable to NCCAC and mail to:
Tawnya Shumway, Registrar
611 Windham Way
Chico CA 95973**

Attendees, please fill out completely and Print Clearly - use separate form for each person.

Name _____ Street City State Zip _____
Employer _____ Street City State Zip _____
Employer phone (s) _____ Facility Type _____

WHEN PAYING WITH CREDIT CARD ALL INFORMATION REQUESTED MUST BE GIVEN

Type of Payment ___Check ___Money Order ___Visa ___MasterCard ___American Express

Credit Card # _____ **Expire Date** _____ **3 Digit Code Number on Back of Card** _____

Card Holder's Printed Name _____ **and Signature** _____

Card Holder Zip Code _____ **Card Holder's email** _____

_____ Check here if you want confirmation of registration arrival by E-mail

Please print your email address _____

MEMBERSHIP APPLICATION – Contact Helen Vanderhoof, Director of Membership for information

If paying Membership, please fill out this form completely

Indicate if this is a New Membership _____ **or Renewing Membership** _____

Indicate who will pay dues. _____ I will pay my dues. _____ My facility will pay my dues.

Name _____

Home Address, City/State/Zip _____

Home phone (_____) _____

Employer _____ Facility type _____

Work Address, City/State/Zip _____

Bus. Phone (_____) _____ Position/Title _____ yrs in Field _____

E mail _____

If personally paid, where shall we send your NCCAC mail (check one): ___Home ___Work address. Facility paid Registration forms are sent to your facility.

NCCAC USE ONLY: WORKSHOP ONLY _____ **WORKSHOP AND MEMBERSHIP** _____ **AMT PAID** _____ **CK #** _____

FOR MORE INFORMATION regarding registration CONTACT:

Tawnya Shumway Home: 530-513-7945 or email: activitiesrock@gmail.com

Questions Regarding Education: contact Jon Young at 530-622-3400 or e-mail: jyoung@plum.com

NCCAC Registration and Refund, and Substitution Policies

All registrations, personal or corporate that have been paid, **require an accompanying completed registration form and payment payable to NCCAC** whether check or credit card. NCCAC members in “Good Standing” (Dues Paid) may use Member Rates. Pre-registration fees will be in effect up to the day before the event. At the door fees will be exacted on all attendees who do not pre-register. Those attendees whose pre-registration form and payment has not been received by the Registrar by the day of the event will be required to submit a personal check to be held for 10 days until the mailed pre-registration and payment are received by the registrar. Once this happens, the check being held will be returned.

If requesting a refund, the registration must have been received on May 6, 2016 or postmarked May 6, 2016. The refund request must be accompanied with a letter addressed to the Registrar, Shane McCormack and received by May 6, 2016. No requests will be granted after May 10, 2016. **Event Date is May 13, 2016.**

If you cannot attend and do not qualify for a refund, a substitute attendee will be accepted regardless of their affiliation but you must notify the Registrar by phone or email immediately of the change.

There will be a minimum of \$45 charge exacted for ANY returned check including checks written for raffles.

Paying with credit card? All credit cards are accepted. Any attendee paying with credit card or any attendee waiting for corporate paper work can fax their completed registration to the Registrar so that your place is reserved for the event.

Please follow up an email to Helen Vanderhoof with a phone call for your specific alert.

Helen Vanderhoof Cell: (530) 432-3203 e-mail: 1helen@live.com

Directions – NCCAC encourages participants to refer to electronic maps such as Google for directions.

From San Francisco, CA: Get on US-101 S (0.6 mi) Take I-580 E, I-205 E, I-5 N and CA-99 N to S Cherokee Ln in San Joaquin County. Take exit 264A from CA-99 N (95.0 mi) Take E Kettleman Ln to S Ham Ln (2.5 mi) 800 S Ham Ln

From Chico, CA: Get on CA-99 S from E 9th St (1.4 mi) Continue to CA-70 S (15.3 mi) Continue to Marysville (31.7 mi) Continue on CA-70 S. Take CA-99 S to E Turner Rd in Lodi. Take exit 267A from CA-99 S (75.5 mi) Drive to N Ham Ln (2.9 mi)

From Sacramento, CA: Get on CA-99 S/I-5 S from I St (1.0 mi) Follow I-5 S to W Turner Rd in San Joaquin County. Take exit 487 from I-5 S (31.8 mi) Continue on W Turner Rd. Take W Sargent Rd to S Ham Ln in Lodi (7.5 mi)

From Auburn, CA: Get on I-80 W from Maple St, Union St and Placer St (0.4 mi) Follow I-80 W, I-80BUS W/Capital City Freeway and CA-99 S to E Turner Rd in Lodi. Take exit 267A from CA-99 S (64.3 mi) Drive to N Ham Ln (2.9 mi)

Lodging Suggestions: NCCAC encourages participant to evaluate best value in hotels in Lodi

Top 3 choices:

Holiday Inn Express
Hampton Suites
Comfort Inn

Parking

Parking is available on Silvia Dr. very limited parking in the parking lot.