



Northern California Council of Activity Coordinators- NCCAC  
37th Annual National Activities Professional Day 2016  
*"Miles of Smiles: Activity Professionals Bringing Joy to Life"*

When: Friday, January 22, 2016 from 8:00 a.m. to 3:30 p.m.

Where: St. John's Retirement Village- 135 Woodland Ave. \* Woodland, CA 95695

**AMAZING OPPORTUNITY!**  
**RECRUIT 1 MEMBER AND GET A 20% OFF YOUR NEXT 1 DAY**  
**SYMPOSIUMS (see details inside)**

**ABOUT YOUR SESSION LEADERS:**



**"I Can Dance: "Living Life Successfully with a Disability"**

**Laurie Hoirup** was born on March 14, 1956 in Chicago, Ill. She was diagnosed with her disability at the age of two and started using a wheelchair shortly before her 6th birthday. Around the same time, we moved to a small rural community into our very own home. Her first few years of school were spent at home with a tutor, but she eventually attended the local elementary and high schools with the aid of her wonderful friends.

She attended college in Arizona and California, obtaining a Master's Degree in Rehabilitative Counseling and a teaching credential for elementary school. She got married; she has two healthy adult children. She got divorced, remarried, and is now a grandmother.

Currently, she is retired from a State agency as a Chief Deputy Director advocating for individuals with developmental disabilities, though she now enjoy volunteering within the disability community, writing, and traveling.



**"Creating Moments of Joy for Residents with Dementia"**

**Ester De Santiago** has been in the Geriatric field for over 27 year in skilled nursing. She is Nationally Certified and holds the credentials of Certified Dementia Practitioner. Since her introduction to the field, she has served on the board of her local organization DAAP, the Delta Association of Activity Professionals, as well as the board of NCCAC in several different positions. She feels that knowledge is power and we need to empower our new as well as our "seasoned" Directors. The more we know, the better we serve our communities. Some of her hobbies include reading, exercising, and watching movies. Next to her faith, most important to her is her family.



**Bernice Lee** has over 20 years' experience as an Activity Director in skilled, assisted living and memory care communities. Bernice has been an active NCCAC member for over twenty years and has held several different positions on the board. She has also served on the Board of The First and Last Dancers for twenty plus years holding various board positions. She finds time to do country western dancing, wine tasting in many of the California appellations. She enjoys attending comedy shows, canoeing and kayaking. She has paddled in Monterrey and Morrow bays as well as the Cosumnes River. She has even gone zip lining. Her idea of adventure is to close her eyes, point to any spot on a map and go there. Her favorite place to be is at the Ocean. Fun in all aspects of her life remains a priority. She is too close to retirement to not want to have fun, and that is what she brings to her sessions...FUN.

## Program Schedule

### Registration –Tour Morning Refreshments

8:00 to 8:45 a.m.

#### Welcome

8:45 a.m. to 8:55 a.m.

### Opening General Session

9:00 a.m. – 10:30 p.m.

#### General Session

10:45 a.m. – 11:45 p.m.

#### Luncheon, Raffle

12:30 p.m. – 1:30 p.m.

### Closing General Session

1:15 p.m. – 2:45 p.m.

#### Closing Remarks

3:15 p.m. to 3:30 p.m.

**4.5 Total CE Units available**



**Activity  
Professionals  
“Miles of Smiles:  
Activity  
Professionals  
Bringing Joy to  
Life”  
2016**

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## SESSION DESCRIPTION - REGISTRATION BEGINS at 8:00 A.M.

### Registration and Morning Refreshments

**8:00 a.m. to 8:45 a.m.**

*Please check in with Registrar and Membership*

**8:45 a.m. to 8:55 a.m.**

### Opening Remarks & Welcome

### I Can Dance: Living Life Successfully with a Disability

**9:00 a.m. to 10:30 p.m. 1.5 CEU**

This session will a critical look at how we view those with developmental disabilities. What do you think of when you hear, Developmental Disability? This session will look beyond, the stereotypes. What are the barriers we have about providing quality programming to these individuals? Is what we do and how we treat those with DD working for person centered and individualized care? We will be looking beyond the stated or expressed needs to meeting deeper human needs.

### Creating Moments of Joy for Residents with Dementia

**10:45 a.m. to 12:15 p.m. 1.5 CEU**

Share the vision. A vision that we will soon look beyond the challenges of Alzheimer's disease and focus more of our energy on creating moments of joy. When the person has short-term memory loss their life is made up of moments. We cannot create a perfectly wonderful day, but it is absolutely attainable to create a perfectly wonderful moment. When we go where the person is living in their mind, we will create smiles by triggering memories that are engrained in them. Focusing on the abilities they have left instead of their losses may have the possibility of reviving their spirit and ours. Five minutes later, they won't remember what you did or said, but the feeling you left them with will linger.

### Luncheon, Raffle & Vendor Faire

**12:30 p.m. to 1:30p.m.**

*Join in on the fun! Anyone willing to donate a basket to the ways & means committee would be greatly appreciated. You could bring items that would enhance any facility environment or something you might want to keep for yourself.*

### Bringing the Team Together : Team Building

**1:45 p.m. to 3:15 p.m. 1.5 CEU**

A new year has started, and we need a spark in our programing. The best way to accomplish this is as a team. This is a program that will help you generate excitement, increase participation and make lasting impressions on resident programs or in-services with co- workers. No matter where you work. It will spark your creativity and be FUN.

**Closing Remarks - 3:15 p.m. to 3:30 p.m.**

# REGISTRATION FORM – **Early Bird deadline January 15, 2016**

Please complete a Registration Form for each attendee from a facility. Indicate the number of attendees in Left Box for each of the categories listed. Member rate for those in "Good Standing"		Early registration Postmarked <b>1/15/16</b>	At The Door registration
	Member # _____ Registration Fee	\$75	\$85
	Registration Fee and Membership dues	\$125	\$135
	Non Member Registration fee	\$135	\$145
<b>Total enclosed</b>			\$

**All registrants are responsible for knowing the Registration, Refund, and Substitute Attendee Policies. Please read them and be informed.**

**Fill out form(s) and mail with fees payable to NCCAC and mail to:  
Tawnya Shumway, Registrar  
611 Windham Way  
Chico, CA 95973**

**Attendees, please fill out completely and Print Clearly - use separate form for each person.**

**IF PAYING MEMBERSHIP DUES PLEASE FILL OUT APPLICATION COMPLETELY**

**Any questions regarding – Contact Helen Vanderhoof, Director of Membership for information cell: 530-432-3203**

**Indicate if this is a New Membership \_\_\_\_\_ or Renewing Membership \_\_\_\_\_**

Indicate who will pay dues. \_\_\_\_\_ I will pay my dues. \_\_\_\_\_ My facility will pay my dues.

Name \_\_\_\_\_

Home Address, City/State/Zip \_\_\_\_\_

Home phone (\_\_\_\_\_) \_\_\_\_\_

Employer \_\_\_\_\_ Facility type \_\_\_\_\_

Work Address, City/State/Zip \_\_\_\_\_

Bus. Phone (\_\_\_\_\_) \_\_\_\_\_ Position/Title \_\_\_\_\_ yrs in Field \_\_\_\_\_

E mail \_\_\_\_\_

Referred to NCCAC by \_\_\_\_\_

*If personally paid, where shall we send your NCCAC mail (check one): \_\_\_Home \_\_\_Work address. Facility paid Registration forms are sent to your facility.*

**WHEN PAYING WITH CREDIT CARD ALL INFORMATION REQUESTED MUST BE GIVEN**

**Type of Payment** \_\_\_Check \_\_\_Money Order \_\_\_Visa \_\_\_Master Card \_\_\_American Express

**Credit Card #** \_\_\_\_\_ **Expire Date** \_\_\_\_\_ **3 Digit Code Number on Back of Card** \_\_\_\_\_

**Card Holder's Printed Name** \_\_\_\_\_ **and Signature** \_\_\_\_\_

**Card Holder Zip Code** \_\_\_\_\_ **Card Holder's email** \_\_\_\_\_

**Amount Authorized to charge** \_\_\_\_\_ **Registration fee** \_\_\_\_\_ **Membership fee** \_\_\_\_\_ **Total amount:** \_\_\_\_\_

Check here if you want confirmation of registration arrival by E-mail

Please print your email address \_\_\_\_\_

**NCCAC USE ONLY: WORKSHOP ONLY** \_\_\_\_\_ **WORKSHOP AND MEMBERSHIP** \_\_\_\_\_ **AMT PAID** \_\_\_\_\_ **CK #** \_\_\_\_\_

**FOR MORE INFORMATION regarding registration CONTACT:**

**Tawnya Shumway Cell: 530-513-7945 e-mail: [activitiesrock@gmail.com](mailto:activitiesrock@gmail.com)**

**Questions Regarding Education: contact Jon Young at 530-622-3400 or e-mail: [jyoung@plum.com](mailto:jyoung@plum.com)**

### **NCCAC Membership recruitment:**

***Any member in good standing that recruits a new member will receive a 20% discount on the next one day symposium.***

1. Recruit must be new member to NCCAC not renewing member. 2. NEW member must mention the name of the current member recruiting them. 3. The recruiting member shall receive a voucher to be used with registration form for the next one day event. (NOT to be used for Annual Conference) 4. It is the sole responsibility of the receiving member to maintain said voucher. 5. NCCAC will not replace any lost vouchers. 6. The new member joining is NOT required to attend this event, however must become a member prior to pre-registration date (January 15, 2016) in order for current member to receive voucher.

### **NCCAC Registration and Refund, and Substitution Policies**

**All registrations**, personal or corporate that have been paid, **require an accompanying completed registration form and payment payable to NCCAC** whether check or credit card. NCCAC members in “Good Standing” (Dues Paid) may use Member Rates. Pre-registration fees will be in effect only until Early Registration date. **Following that date, at the door fees will be exacted on all attendees who do not pre-register.** Those attendees whose pre-registration form ***and*** payment has not been received by the Registrar by the day of the event will be required to submit a personal check to be held for 10 days until the mailed pre-registration and payment are received by the registrar. Once we receive payment the check being held will be returned.

**If requesting a refund**, the registration must have been received or postmarked by January 15, 2016. The refund request must be accompanied with a letter addressed to the Registrar and received by January 15, 2016. No requests will be granted after January 15, 2015.

**If you cannot attend and do not qualify for a refund**, a substitute attendee will be accepted regardless of their affiliation but you must notify the Registrar by phone or email immediately of the change.

**There will be a minimum of \$45 charge exacted for any returned check.**

**Paying with credit card?** All credit cards are accepted. Any attendee paying with credit card or any attendee waiting for corporate paper work can fax their completed registration to the Registrar so that your place is reserved for the event.

**For any questions regarding registration please contact  
Tawnya Shumway, Registrar: cell 530-513-7945**

### **Directions**

**From Sacramento:** I-5 N/State Hwy 99 ramp to Redding/Yuba City. Keep left cont. on I-5 follow signs for for Interstate 5/Woodland/Redding. Take Exit 538 for CA-113N toward Yuba City. Turn right onto CA-113 S/N East St. Turn right onto Kentucky Ave. Turn left onto N. Cleveland St. Turn right onto Stall Ave.

**From Stockton:** I-5 N/Sacramento. Keep left and follow signs for Interstate 5/Woodland/Redding. Take Exit 538 for CA-113N toward Yuba City. Turn right onto CA-113 S/N East St. Turn right onto Kentucky Ave. Turn left onto N. Cleveland St. Turn right onto Stall Ave.

**Google Maps:** NCCAC encourages participants to refer to electronic maps such as Google for directions.

### **Location**

**The Event Location is: St. John’s Retirement Village  
135 Woodland Avenue, Woodland, CA 95695**

**Parking:** *There is limited parking. It is very important to find parking on the street. Please be sure not to park in the parking lot. Parking is reserved for residents and their families.*