



Northern California Council of Activity Coordinators- NCCAC
38th Annual Mid-Year Symposium 2017
Educational Event

When: Friday, May 12, 2017 from 8:00 a.m. to 3:00 p.m.
Where: St. Benedict Catholic Church
1200 Fairview Rd. Hollister, CA 95023
"Making Connections: Spiritually and Professionally"

Featured Speakers

**Gerald Grudzen, PhD &
Ms. Marita Grudzen MHS**



ABOUT YOUR SESSION LEADERS

Gerald Grudzen, Professor Grudzen has multiple graduate degrees in Theology, Philosophy, and History, including a PhD in the History of Islam and Christianity during the Middle Ages. He has taught Philosophy, Religion, History, and Humanities course at a variety of colleges and universities for the past 16 years. He also serves as the President of Global Ministries University, an international and interfaith online graduated program in theology and religious affiliated with Mahidol University in Thailand.

Marita Grudzen, MHS, is Associate Director Emerita and a founding member of the Stanford Geriatric Education Center, a national center in ethnogeriatrics within Stanford University School of Medicine. Ms. Grudzen was co-recipient with Chaplain Bruce Feldstein, MD, of the Templeton Award (2001-06) for the medical school curriculum they developed, Spirituality and Meaning in Medicine.

Ginger Lobeck has spent many years in the classroom working with children from 3-12 yrs of age. Ms. Lobeck is owner and administrator of Hollister Montessori School, a preschool through 6th grade private school in Hollister, CA.

Among her duties as Head of School, she has spoken regularly to interested parents about Montessori philosophy and pedagogy. This method of education, developed by Dr. Maria Montessori in the early part of the 20th century, closely follows the developmental level of the child and seeks to allow each individual child to reach his/her fullest potential. More recently, the Montessori Method has been successfully used to improve the quality of life of older adults living with dementia.

Clint Daluz is the Director of Activities at Tampico Terrace Care Center for 7 years now. Clint was a journalist in his home country of the Philippines before moving to the United States in 2005 with his family to pursue a better future. Unable to find work in the field of his degree, so he decided to go back to school and became a CNA and eventually moved to the activity department at Morton Plant Mease Rehab in Clearwater, Florida. In 2009 his wife got an offer from Kaiser Permanente and they moved in Walnut Creek, California. He went back to school and took Gerontology class at American River College in Sacramento. Clint received his bachelor's degree in communication from San Sebastian College in the Philippines and is continuing his studies in Gerontology and pursuing his national certification. Clint finds his most rewarding work has been a mentor to his staff and advocating for his residents.

Program Schedule

Registration
Morning Refreshments
8:00 to 8:45 a.m.

Welcome
8:45 a.m. to 9:00 a.m.

Educational Session
9:00 a.m. – 10:30 p.m.

Educational Session
10:45 a.m. – 12:15 p.m.

Luncheon, Raffle, Vendors
12:15 p.m. – 1:15 p.m.

Educational Session
1:30 p.m. – 3:00 p.m.

Closing Remarks
3:00 p.m. to 3:15 p.m.

4.5 Total CE Units available



SESSIONS AND OTHER INFORMATION – REGISTER BEGINNING AT 8:00 A.M.

Registration and Morning Refreshments – 8:00 a.m. to 8:45 a.m.

Check in with Membership and Financial officers.

Integrating Diverse Religious Beliefs into Health Care

Gerald J. Gudzen, PhD and Marita Grudzen, MHS

9:00 a.m. to 10:30 p.m. 1.5 CEU

The growing diversity of our residents and staff requires that we seek to know, understand and respond to the sources of meaning and purpose of our diverse communities in health care. Dr. Gudzen will present the sources of meaning within the following faiths tradition: Judaism, Christianity, Islam, Buddhism and Hinduism and the particular relevance of these traditions for older adults. He will also explore the sources of meaning found within secular realm of Humanism. Ms. Grudzen will facilitate a discussion of how we can move from this knowledge to implementing a multi-religious friendly and responsive environment.

What Does Montessori have to offer our Elderly?

Ginger Lobeck, Montessori Educator

10:45 a.m. to 12:15 p.m. 1.5 CEU

The Montessori approach to learning is based on the educational theories of Maria Montessori (1870-1952), an Italian medical doctor and educator. The Montessori Method emphasizes individualized learning experiences utilizing sensory and motor neural input. This individualized, sensorimotor approach to learning is relevant at any age, and most recently it is being adapted to seniors. Montessori activities for seniors are implemented with those with the full spectrum of memory loss. Montessori-based activities support the senior in maintaining personal care skills, eye-hand coordination to support focus and concentration, and the sense of well-being that comes from involvement in the ongoing events of daily life. The sensorial activities promote engagement in the environment and the potential richness of sensory stimulation available. This course shares specific activities paired to each senior's existing skill set and interests. Synchronization each senior is critical.

Luncheon, Raffle & Vendor Faire

12:15 p.m. to 1:15 p.m.

Join in on the fun! Anyone willing to donate a basket to the ways & means committee would be greatly appreciated. You could bring items that would enhance any facility environment or something you might want to keep for yourself. All monies made at the raffle go towards our educational events.

Millennials in Health Care

Clint Daluz, B.S., AD

1:30 p.m. to 3:00 p.m. 1.5 CEU

We no longer have those perfect grandmas and grandpa's that go to Bouncercise and Bingo, but rather have Kindles and laptops, checking their e-mails and checking their last post on Facebook. The days of ball toss and reading circle are gone. When we have residents that say it is not important at all to participate in groups, we are left with few options. This session will help to implement creative programs to meet resident's preferences. The next generation of activities is here. This course will identify workplace expectations, generation gaps, how to keep millennials engaged and incorporate their ideas in the evolving world of activities in health care for all setting.

Closing Remarks

3:00 p.m. to 3:15 p.m.

REGISTRATION FORM – Event Date 5/12/17 Suggested deadline May 5, 2017

Please complete a Registration Form for each attendee from a facility. Indicate the number of attendees in Left Box for each of the categories listed. Member rate for those in “Good Standing”		Early registration Postmarked 5/5/17	At The Door registration postmarked After 5/5/17
	Member # _____ Registration Fee	\$80	\$90
	Registration Fee and Membership dues	\$130	\$140
	Non Member Registration fee	\$140	\$150
Total enclosed		\$	

All registrants are responsible for knowing the Registration, Refund, and Substitute Attendee Policies. Please read them and be informed.

**Fill out form(s) and mail with fees payable to NCCAC and mail to:
Helen Vanderhoof, Registrar
18384 Siesta Dr.
Penn Valley, CA 95946**

Attendees, please fill out completely and Print Clearly - use separate form for each person.

Name _____ Street City State Zip _____
Employer _____ Street City State Zip _____
Employer phone (s) _____ Facility Type _____

WHEN PAYING WITH CREDIT CARD ALL INFORMATION REQUESTED MUST BE GIVEN

Type of Payment ___Check ___Money Order ___Visa ___MasterCard ___American Express

Credit Card # _____ **Expire Date** _____ **3 Digit Code Number on Back of Card** _____

Card Holder's Printed Name _____ **and Signature** _____

Card Holder Zip Code _____ **Card Holder's email** _____

_____ Check here if you want confirmation of registration arrival by E-mail

Please print your email address _____

MEMBERSHIP APPLICATION – Contact Helen Vanderhoof, Director of Membership for information

If paying Membership, please fill out this form completely. NEW MEMBER FEE IS \$60.00 RENEWING FEE IS \$50.00

Indicate if this is a New Membership _____ **or Renewing Membership** _____

Indicate who will pay dues. _____ **I will pay my dues.** _____ **My facility will pay my dues.**

Name _____

Home Address, City/State/Zip _____

Home phone (_____) _____

Employer _____ **Facility type** _____

Work Address, City/State/Zip _____

Bus. Phone (_____) _____ Position/Title _____ yrs in Field _____

E mail _____

If personally paid, where shall we send your NCCAC mail (check one): ___Home ___Work address. Facility paid Registration forms are sent to your facility.

NCCAC USE ONLY: WORKSHOP ONLY _____ WORKSHOP AND MEMBERSHIP _____ AMT PAID _____ CK# _____

FOR MORE INFORMATION regarding registration CONTACT:

Helen Vanderhoof Home: 530 432-3203 or email: 1helen@live.com

Questions Regarding Education: contact Wayne Davis at 831-754-5532 or e-mail: villaserra.avc@sunriseseniorliving.com

NCCAC Registration and Refund, and Substitution Policies

All registrations, personal or corporate that have been paid, **require an accompanying completed registration form and payment payable to NCCAC** whether check or credit card. NCCAC members in “Good Standing” (Dues Paid) may use Member Rates. Pre-registration fees will be in effect up to the day before the event. At the door fees will be exacted on all attendees who do not pre-register. Those attendees whose pre-registration form and payment has not been received by the Registrar by the day of the event will be required to submit a personal check to be held for 10 days until the mailed pre-registration and payment are received by the registrar. Once this happens, the check being held will be returned.

If requesting a refund, the registration must have been received on May 5, 2017 or postmarked May 5, 2017. The refund request must be accompanied with a letter addressed to the Registrar, Helen Vanderhoff and received by May 5, 2017. No requests will be granted after May 9, 2017. **Event Date is May 12, 2017.**

If you cannot attend and do not qualify for a refund, a substitute attendee will be accepted regardless of their affiliation but you must notify the Registrar by phone or email immediately of the change.

There will be a minimum of \$45 charge exacted for ANY returned check including checks written for raffles.

Paying with credit card? All credit cards are accepted. Any attendee paying with credit card or any attendee waiting for corporate paper work can fax their completed registration to the Registrar so that your place is reserved for the event.

Please follow up an email to Helen Vanderhoof with a phone call for your specific alert.

Helen Vanderhoof Cell: (530) 432-3203 e-mail: 1helen@live.com

Directions – NCCAC encourages participants to refer to electronic maps such as Google for directions.

San Francisco – Take I-80. Keep left to continue towards I-580E/I-80W. Take exit 8b on the left towards Alameda/San Jose. Keep right at the fork, follow signs for San Jose/Alameda. Keep left follow signs for interstate 880/S/Alameda/San Jose. Take exit 4b for US-101S towards Los Angeles. Take Exit 353 for CA-25 Towards Hollister. Turn Lt on Wright Rd. Turn Rt on Fairview Rd.

Sacramento - Use Ca -99S/I-5S. Take Exit 407 for CA-33 towards Santa Nella/Gilroy. Turn right onto VA-33S/Santa Nella Blvd (Signs for Gilroy) Turn Rt. onto the ramp to CA-152W. Keep Left to continue on Hwy 156W/CA-156W Follow signs for Hollister. Turn Lt. onto Fairview Rd.

Stockton- Take i-5 S ramp to Los Angeles/Tracy. Merge onto I-5S. Take exit 407 for CA-33 towards Santa Nella/Gilroy. Turn right onto CA-33 S/Santa Nella Blvd (signs for Gilroy) Turn right onto CA-152W. Keep left to continue on Hwy 156W/CA-156/W signs for Hollister. Turn left onto Fairview

Parking – no parking issues please feel free to park in the lot.

Lodging Suggestions: NCCAC encourages participant to evaluate best value in hotels in Hollister - Top Choice is: Best Western San Benito Inn 660 San Felipe Rd Hollister Ca, 95023

